



Training in the Pikler Approach

BASIC TRAINING COURSE 2018-19 PADWORTH, READING, BERKS

COST £2500

Information

Why take a training in the Pikler approach?

The observations and experiences of Emmi Pikler and the experienced teams of professionals at the Pikler institute, recorded over many years, challenge our usual way of observing young children. We are asked to be open to a new experience of children; to see children with new eyes.

We are given the opportunity to ask the following questions:

- What are the conditions where healthy attachment between adult and child can grow?
- How do children develop knowledge concerning themselves and how do they develop self-confidence and perseverance?
- How do they learn, on their own, to follow their own initiative with self-regulation?
- How do they learn to learn?

The Pikler approach is exemplary in its demonstration of respect in the care of the young child and the understanding of the young child's need for both relationship and autonomy. The detail of careful observation and reflection of the needs of the young child over many years at the Pikler Institute is probably unmatched and the on going work of the Pikler Institute is held in high esteem internationally. Although the orphanage work has been completed, the Institute runs day care groups and parent and child classes. All childcare settings can learn more from the Pikler approach about what quality care can be. Please investigate the following link for more information about Emmi Pikler and the work of the Pikler Institute. http://www.waimh.org/files/Signal/Signal3-4_2010.pdf

The full Pikler Pedagogue Training is comprised of the following trainings – the BASIC TRAINING COURSE (21 days including a Sensory Awareness weekend) and the PRACTICE GUIDANCE COURSE (21 days) in the UK, plus the additional requirements of: attendance at 5 five-day courses in Budapest; observations in registered Pikler settings and a written assignment. The Pikler Pedagogue training has been developed by the European Association for Pikler Training. On completion of this level, participants receive a certificate from the European

Association for Pikler Training and are eligible to become a member of the Pikler Association of Europe. The format and content is the result of close association between colleagues in Germany, Hungary, Austria and Switzerland. The PRACTICE GUIDANCE COURSE is usually taken 1-2 years after the BASIC TRAINING COURSE. The next one in the UK is planned for 2018.

BASIC TRAINING COURSE (in the UK) 2018-2019

This runs for a total of three weekends (Friday afternoon/evening to Sunday), two five-day courses (Monday to Friday) and one Sensory Awareness weekend (Friday evening to Sunday afternoon).

The course covers the following:

- Emmi Pikler and Lóczy – History and background
- Autonomous movement development in babies and infants
- The significance and importance of free play
- Care and contact
- Co-operation and social behaviour
- Children with each other – learning to understand the other: nice and difficult moments
- Development of communication; building a dialogue with the baby
- The function of observation
- Pikler work in group situations – day care and parent and child groups
- Working with parents

The dates of the courses are as follows:

12-16 February 2018 (5 days 9-5pm)

25-27 May 2018 (Friday 5-9pm, Saturday 9.5pm, Sunday 9-4pm)

19-21 October 2018 – Friday and Saturday 9-5pm, Sunday 9-2pm (Sensory Awareness weekend)

2-4 November 2018 - as May 2018

18-22 February 2019 (5 days 9-5pm)

Last weekend to be confirmed.

The Pikler pedagogues taking these course blocks are:

Zsuzsa Liberty – Pikler Pedagogue from the Pikler Institute, Budapest

Ute Strub – European Pikler Association Trainer and International Pikler Pedagogue

Peggy Zeitler Sensory Awareness weekend will be held between 19-21 October 2018

A certificate of attendance is given at the end of the course from the European Association for Pikler Training.

Although after taking this BASIC TRAINING COURSE you are not yet able to call your workplace a Pikler centre or yourself a Pikler pedagogue, you are able to take the approach into your workplace and call your work (e.g. talks and groups) Pikler Inspired.

The aim of the training is to guide participants in learning how to observe, understand and recognise the true needs of infants and toddlers and how to care appropriately for this age group. We work with the theoretical knowledge and the practical experience generated from the life work of Emmi Pikler and her team at the Pikler Institute, Hungary.

VENUE

Alder Bridge School, Bridge House, Mill Lane, Padworth, Reading RG7 4JU

Alder Bridge School is situated close to Reading, Newbury and Basingstoke, and is accessible by train, bus, car, bike and boat.

ACCOMMODATION

Self-catering apartments are available close to the venue eg www.airbnb.co.uk and www.wimdu.co.uk. It may be possible to link several students together to share accommodation and school families may provide cheap b & b.

COST

£2500. This can be paid in instalments with a standing order. Please see the booking form below.

PRACTICE GUIDANCE COURSE

This second level consists of 21 days (including 3 days of Sensory Awareness) This part of the Pegagogue training, which is normally taken a year or so after the BASIC PIKLER COURSE provides an opportunity for work practice discussion and assimilation. Written observations and videos are supplied by the participants. The next practice guidance course is planned to run in 2019.

Who can apply for Pikler training?

The minimum age is 25, including two years professional experience. Exceptions can be discussed in a personal conversation. A certificate of attendance is given at the end of the course from the European Association for Pikler Training.

Name protection: In order for the quality of the work of Pikler pedagogues to be guaranteed, the name Pikler has been legally protected by the Pikler Association of Europe. As a result, it is only permitted to use the name Pikler after completing the full Pikler Pedagogue training.

BASIC COURSE DATES AND COURSE THEMES

12-16 February 2018

Emmi Pikler and ‘Lóczy’ – contemporary meaning for us

Emmi Pikler’s biography gives us insight into the origins and key themes of her work. We talk about her studies in Vienna, her ten years working with families as a paediatrician, establishing and running/leading the infants’ home Lóczy in Budapest and her scientific research into the development of babies and toddlers. These experiences formed the foundation for her training books for institutes, children’s day-care and instruction in Hungary. In addition she gave lectures both in and outside Europe. We discuss which ideas are still of value for the guidance of young children, both at home and in day-care.

Self experience experiments: Being in contact with oneself in lying, sitting, standing and walking

25-27 May 2018

Movement development – a competency of the child

How do children reveal their potential and how does this process unfold? What possibilities does a child have for self-regulation? What influence does free movement development have on the development of a child’s personality?

Play – and other competencies of the child

What happens during children’s play? How does the young child’s play activity and thinking develop? When and how does it begin and what does a child need to be able to play by

themselves? How can we organise the time and the environment for free play? Which environment/surroundings and what materials do they need in each phase of their development?

Play – and other competencies of the child (Toddlers)

19-21 October 2018

Sensory Awareness weekend with Peggy Zeitler

2-4 November 2018

Relationships with adults: the pillars for the development of a child's personality and a condition for its healthy activities

What do babies/toddlers need from us and how do they express these needs? How do we see bonding in connection with caregiving? Can a young child play an active role in his/her care? Can a child participate in and influence what we do with it, so that caring activities become a collective activity and a dialogue?

11-15 February 2019

Developing social behaviour

How does the curious child, interested in discovering itself and its environment, develop? How does a child become a being who knows how to behave socially? How do we guide a child and enable it to orientate itself? What role does imitation play in the socialisation process and what is the meaning of reward and punishment? How does the child learn the rules? What may help in difficult situations between the child and his caregiver?

Infants and toddlers together

How do infants and toddlers behave amongst themselves and how does this togetherness develop? What are the conditions that favour the peaceful togetherness/life in a group? How do conflicts arise and how do we respond? When do young children spontaneously comfort one another?

Last weekend – dates to be confirmed

Observation and its importance

Speech and communication

How do young babies express themselves? What to observe and how to respond to their signs. How to speak with a newborn and how with a toddler. What are they able to understand? How does togetherness become a dialogue?

For more information please contact dorothy@dorothymarlen.net

Pikler® UK BASIC TRAINING COURSE 2018-19
PADWORTH, READING, BERKS

BOOKING FORM

Name

Home address

Phone number

Email

Work address

Work phone number

Work email

How did you hear about the Pikler approach and the UK training?

BIOGRAPHY

**On a separate sheet(s) please give the following information:
A brief chronological biography and description of important
developmental steps in both your personal and work life. A
description of your current work.**

- 1. What do you know so far about the life work of Emmi Pikler?**
- 2. What do you wish to learn?**

PIKLER BASIC TRAINING

PAYMENT PLAN OPTIONS AND DECLARATION

Please fill in your name and address etc., tick the appropriate option, sign two copies, keep one copy for yourself and send or email the other to

D Marlen, 45 Scott Street, York YO23 1NR

dorothy@dorothymarlen.net

Your Name (Block capitals please).....

Address.....

EmailPhone number

NOTE A £100 non-refundable deposit is due with the course application. The filled in application form and deposit reserves you a place on the course. This needs to be arranged early in order to secure a place

You can send a cheque to Dorothy Marlen, 45 Scott Street, York YO23 1NR or pay on line to D Marlen Sort code 20-99-56 Account 73741184

SWIFTBIC BARCGB22

IBAN GB07 BARC 2099 5673 7411 84

PLEASE TICK ONE OF THE FOLLOWING TWO OPTIONS

1) I am paying the full £2500 (deposit is included in this) with my application form

Or

2) I am paying the £100 deposit to secure my place with my application form and will set up a standing order with my bank for monthly instalments during the period of the course. The monthly instalments will be for £150 and will be due on the 1st day of each month from December 2018 to March 2019

DECLARATION

I understand that the course fee is for the full course and is non-refundable, except in exceptional circumstances. I agree to pay the full fee or pay in instalments, as indicated above, by the dates set out above, by standing order.

Signed.....Date.....

Please email or post a signed copy of this form with the deposit or full payment to dorothy@dorothymarlen.net

**Dorothy Marlen,
45 Scott Street,
York YO23 1NR.** Please phone me on 01904 612683 if you have any questions.

We look forward very much to having you on the course.